

# Karen's Bakery Cafe

## Special Order Breakfast and Brunch Items

72 hours advance notice on most items is appreciated

### Quiches

10" Serves 6 to 8 \$24

Quiche can come in many flavors-some of our favorites include:

Broccoli and White Cheddar  
Bacon, Basil and Roasted Tomato  
Sautéed Mushroom, Caramelized Onion and Smoked Mozzarella  
Spinach, Feta cheese, Red Onion and Kalamata Olive  
Roasted Vegetable  
Salmon, Bacon and Green Onion  
Italian Sausage, a touch of Dijon and Smoked Mozzarella  
Quiche Lorraine  
(Applewood Smoked Pork, Swiss cheese and a touch of Nutmeg)

### House-made Granola

With Vanilla Yogurt  
Topped with Fresh Berries  
Small Bowl Serves 6-10 \$40.00  
Medium Bowl Serves 12-20 \$75.00  
Large Bowl Serves 20-30 \$110.00

### Fresh Fruit Salad

Selection Changes Seasonally  
Small Bowl Serves 6-10 \$35.00  
Medium Bowl Serves 12-20 \$65.00  
Large Bowl Serves 20-30 \$95.00

### Breakfast Tortillas

With Smoked Pork, Scrambled Eggs, Breakfast Potatoes and Cheddar Cheese  
Spinach Pesto served on the side.  
\$7.50 per tortilla  
Minimum Order of 10,

### Torta Milanese

Here's a perfect one for brunch...a puff pastry crust encases layers of spinach, roasted red peppers, Gruyere Cheese, Applewood Smoked Pork Loin, and Scrambled Eggs. The torta is then baked in the oven to a golden perfection.

This one can be served room temp or reheated.  
Serves 8-12 \$65.00

### Bread Pudding

Croissant Bread Pudding  
Served warm with an Orange Custard Sauce and Fresh Berries  
Serves 12-18  
\$96.00

### Tomato Puff Pastry Tart

This one has a sun-dried tomato and walnut pesto base, then rounds of fresh tomato, herbs, and olive oil. The tomatoes roast on top of the tart to intensify and create a deep tomato flavor.

Good in winter as well as summer.

Half Sheet Size (11x18) can be cut into large (12), medium (20), or appetizers size (40) portions.  
\$50.00

### Zucchini & Feta Puff Pastry Tart

A creamy base of feta cheese, sautéed onion, tomato, and basil, topped with thinly sliced rounds of zucchini, then sprinkled with a bit more feta, melted butter, and thyme for a savory finish.

Half Sheet Size (11x18) can be cut into large (12), medium (20), or appetizers size (40) portions.  
\$50.00

## Coffee Cakes

A variety of **Coffee Cakes** to choose from-  
Each serves approximately 10-15 slices \$18

### **Blueberry Lo-Fat Coffee Cake**

Fresh Blueberries flavor this moist and low-fat (can you believe it?)  
Cinnamon sugar-topped Coffee Cake

### **Sour Cream Coffee Cake**

This cake has a brown sugar and nut streusel both inside and out.

### **Almond Polenta Pound Cake**

This is the sleeper of our coffee cake line up. Seemingly plain, this extra moist cake offers almond flavor with a pleasant, slightly crunchy texture. Perfect by itself, toasted and drizzled with honey, or as a base for a fresh fruit and whipped cream.

### **Anise Pound Cake**

Fabulous and exotic with its toasted anise seed flavor.  
For those who like the anise flavor, this moist cake is something special.

### **Danish Braid**

A Danish pastry braid filled with cream cheese, blueberry and almond filling.

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## **Karen's Coffee Box To Go**

We brew delicious, fresh roasted coffee. Choose from Columbian, French Roast, or Decaf. The convenient disposable box keeps this coffee hot for up to two hours. Includes cups, cream, and sugars. Serves 10 to 12. \$20

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## **Baked Goods**

Let us assemble a freshly baked assortment for your next event.  
Order individually, or by the dozen.

### **Muffins**

Lemon Crumb  
Blackberry Sour Cream  
Apple Walnut  
Blueberry Cinnamon  
Honey Bran  
Morning Glory

### **Scones**

Raspberry  
Blueberry  
Orange Oatmeal  
Maple Nut

### **Pastries**

Sugar Buns  
Cinnamon Rolls  
Crocodiles  
Croissants  
Almond Croissants  
Ham & Cheese Croissants

Changes are usually possible. Please ask if you are looking for something you don't see.  
We welcome the opportunity to be creative and encourage you to do the same...  
Please remember, 72 hours advance notice needed for most items

## **Karen's Bakery-Café and Catering Kitchen**

705 Gold Lake Dr. #340 Folsom, CA 95630  
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