



# Lunch Menu

## Roasted Butternut Squash Soup \$12

Topped with Chantilly Cream and  
Toasted Pepitas

## "The Works" Mixed Green Salad \$14

Tossed with fresh veggies,  
Pumpkin & Sesame Seeds  
and Balsamic Vinaigrette

## Spinach Salad \$16

Spinach tossed with Bacon Bits,  
Toasted Sunflower Seeds,  
Goat Cheese, Croutons  
and Stoneground Mustard Vinaigrette  
And topped with a Poached Egg

## Caesar Salad \$14

Romaine Lettuce tossed with Herbed  
Croutons, Shaved Parmesan and  
Housemade Caesar Dressing

## Fall Salad \$16

Mixed Greens, Sliced Pears,  
Dried Cranberries, Spiced Pecans,  
Pt. Reyes Blue Cheese  
and Balsamic Vinaigrette

## \*Add Protein to a Salad\*

Add a Grilled Chicken Breast \$8  
Add Grilled Salmon \$11  
Add Glazed Salmon \$13  
Add Flat Iron Steak \$11

## Avocado Toast \$11

## Avocado Toast & Mixed Green Salad \$16

## Quiche of the Day \$18.50

Topped with Sour Cream.  
Served with a Mixed  
Green Side Salad, Potatoes  
or Fresh Fruit (+\$1)

## Meatloaf Sandwich \$21

Made with Ground Pork and Beef,  
Served with Sliced Pickles, Lemon Aioli,  
and Charmoula Sauce on a Ciabatta Bun  
Served with a Mixed Green Side Salad

## BETA \$21

Bacon, Mixed Greens, Heirloom Tomatoes  
and Avocado  
With Aioli on a French Roll  
Served with a Mixed Green Side Salad

## The Cuban \$20

Black Forest Ham and Carnitas pressed with  
Gruyere Cheese and a Dijon Tartar Spread  
on a Sourdough Baguette  
Served with a Mixed Green Side Salad

## Tri Tip Philly \$21

Marinated Tri Tip, a Bell Pepper, Onion,  
Pascilla mix, tossed with melted Oaxaca Cheese  
on a Sweet Roll  
Served with a Mixed Green Side Salad or  
Oven Roasted Steak Fries

## Pomegranate Glazed Salmon \$21.50

Served with our Fall Quinoa Salad  
(With Butternut Squash, Toasted Pecans,  
Fuji Apples, Grilled Red Onions, Golden Raisins,  
Italian Parsley and Apple Dressing)

## Grilled Chicken Sandwich \$20

Made with a Grilled Chicken Breast,  
Aioli, Roasted Pascilla Peppers,  
And Fiscalini Cheddar Cheese on a Ciabatta  
Served with a Mixed Green Side Salad

## Open Face Tuna Melt \$19

Topped with Cheddar Cheese  
on a slice of Grilled Sourdough  
Served with a Mixed Green Side Salad

## Classic Cheese Burger \$19.50

Half Pound Burger with American Cheese,  
Tomatoes, Mixed Greens, Sriracha Mayo  
Served with a Mixed Green Side Salad or  
Oven Roasted Potatoes  
Add Bacon \$2.50 (per slice)